Diamond Drill

Out of the Past

April 11, 1896

Matt Hurja & Co. will occupy the old bakery building at the Northwest corner of Superior Avenue and Second Street (200 Superior). The place has been repaired and renovated and will be transformed into a neat grocery store. Ad: Dealer in Groceries and Provisions; Miners and Lumbermen's supplies. I give Full Measure and Full Weight to everybody. My prices on all goods are reasonable.

If the three prime functions of all animal life, aeration, nutrition and exercise, be perfectly performed the resultant condition is perfect physical health. So, upon the first symptoms of disorder seek first to learn wherein the healthful regulation of these functions has been violated. When the involuntary normal action of any organ is disturbed, the weakest part of the body, often quite remote from the seat of trouble, is the first to feel it and sound the alarm. A habit of cold feet may cause serious diseases of both the throat and lungs. Sufferers can never hope to be really well until the exposure to cold feet is overcome.